



CLASS XII SCIENCE (2026-27)

SYLLABUS BREAK UP - TERM 2

ENGLISH CORE (301)

POST MID TERM	PRE BOARD
LITERATURE Prose - The Interview, Poets and Pancakes, roadside stand Poem - A Vistas - On the face of of it , Memories of Childhood	Flamingo - Prose - Going Places Poem - Aunt Jennifer's Tigers
Reading: Unseen Passage
Writing: Job Applications	Writing: Report Writing

PHYSICS (042)

Chapter-9: Ray Optics and Optical Instruments Optics: Reflection of light, spherical mirrors, mirror formula, refraction of light, total internal reflection and optical fibers, refraction at spherical surfaces, lenses, thin lens formula, lens maker's formula, magnification, power of a lens, combination of thin lenses in contact, refraction of light through a prism. Optical instruments: Microscopes and astronomical telescopes (reflecting and refracting) and their magnifying powers.	Chapter-13: Nuclei Composition and size of nucleus, nuclear force Mass-energy relation, mass defect; binding energy per nucleon and its variation with mass number; nuclear fission, nuclear fusion.
Chapter-10: Wave Optics Wave optics: Wave front and Huygen's principle, reflection and refraction of plane wave at a plane surface using wave fronts. Proof of laws of reflection and refraction using Huygen's principle. Interference, Young's double slit experiment and expression for fringe width (No derivation final expression only), coherent sources and sustained interference of light, diffraction due to a single slit, width of central maxima (qualitative treatment only).	Chapter-14: Semiconductor Electronics: Materials, Devices and Simple Circuits Energy bands in conductors, semiconductors and insulators (qualitative deas only) Intrinsic and extrinsic semiconductors- p and n type, p-n junction Semiconductor diode - I-V characteristics in forward and reverse bias, application of junction diode -diode as a rectifier.
Chapter-11: Dual Nature of Radiation and Matter Dual nature of radiation, Photoelectric effect, Hertz and Lenard's observations; Einstein's photoelectric equation-particle nature of light. Experimental study of photoelectric effect Matter waves-wave nature of particles, de-Broglie relation.
Chapter-12: Atoms Alpha-particle scattering experiment; Rutherford's model of atom; Bohr model of hydrogen atom, Expression for radius of nth possible orbit, velocity and energy of electron in nth orbit, hydrogen line spectra (qualitative treatment only).

CHEMISTRY (043)

Unit IV: d and f Block Elements General introduction, electronic configuration, occurrence and characteristics of transition metals, general trends in properties of the first row transition metals – metallic character, ionization enthalpy, oxidation states, ionic radii, colour, catalytic property, magnetic properties, interstitial compounds, alloy formation, preparation and properties of K ₂ Cr ₂ O ₇ and KMnO ₄ . Lanthanoids - Electronic configuration, oxidation states, chemical reactivity and lanthanoid contraction and its consequences. Actinoids - Electronic configuration, oxidation states and comparison with lanthanoids.	Unit V: Coordination Compounds Coordination compounds - Introduction, ligands, coordination number, colour, magnetic properties and shapes, IUPAC nomenclature of mononuclear coordination compounds. Bonding, Werner's theory, VBT, and CFT; structure and stereoisomerism, importance of coordination compounds (in qualitative analysis, extraction of metals and biological system).
Unit VIII: Aldehydes, Ketones and Carboxylic Acids Aldehydes and Ketones: Nomenclature, nature of carbonyl group, methods of preparation, physical and chemical properties, mechanism of nucleophilic addition, reactivity of alpha hydrogen in aldehydes, uses. Carboxylic Acids: Nomenclature, acidic nature, methods of preparation, physical and chemical properties; uses.	Unit X: Biomolecules Carbohydrates - Classification (aldoses and ketoses), monosaccharides (glucose and fructose), D-L configuration oligosaccharides (sucrose, lactose, maltose), polysaccharides (starch, cellulose, glycogen); Importance of carbohydrates. Proteins -Elementary idea of - amino acids, peptide bond, polypeptides, proteins, structure of proteins- primary, secondary, tertiary structure and quaternary structures (qualitative idea only), denaturation of proteins; enzymes. Hormones - Elementary idea excluding structure. Vitamins - Classification and functions. Nucleic Acids: DNA and RNA.

<p>Unit IX: Amines Amines: Nomenclature, classification, structure, methods of preparation, physical and chemical properties, uses, identification of primary, secondary and tertiary amines. Diazonium salts: Preparation, chemical reactions and importance in synthetic organic chemistry.</p>	<p>.....</p>
<p>MATHEMATICS (041)</p>	
<p>Chapter 8 Applications of Integrals Applications in finding the area under simple curves, especially lines, circles/ parabolas/ellipses (in standard form only)</p>	<p>Chapter 12 Linear Programming Introduction, related terminology such as constraints, objective function, optimization, graphical method of solution for problems in two variables, feasible and infeasible regions (bounded or unbounded), feasible and infeasible solutions, optimal feasible solutions (up to three non-trivial constraints).</p>
<p>Chapter 9 Differential Equations Definition, order and degree, general and particular solutions of a differential equation. Solution of differential equations by method of separation of variables, solutions of homogeneous differential equations of first order and first degree. Solutions of linear differential equation</p>	<p>Chapter 13 Probability Conditional probability, multiplication theorem on probability, independent events, total probability, Bayes' theorem, Random variable and its probability distribution, mean of random variable.</p>

<p>Chapter 10 Vectors Vectors and scalars, magnitude and direction of a vector. Direction cosines and direction ratios of a vector. Types of vectors (equal, unit, zero, parallel and collinear vectors), position vector of a point, negative of a vector, components of a vector, addition of vectors, multiplication of a vector by a scalar, position vector of a point dividing a line segment in a given ratio. Definition, Geometrical Interpretation, properties and application of scalar (dot) product of vectors, vector (cross) product of vectors.</p>	<p>.....</p>
<p>Chapter 11 Three Dimensional Geometry Direction cosines and direction ratios of a line joining two points. Cartesian equation and vector equation of a line, skew lines, shortest distance between two lines. Angle between two lines.</p>	<p>.....</p>
BIOLOGY (044)	
<p>Chapter-7: Human Health and Diseases Pathogens; parasites causing human diseases (malaria, dengue, chikungunya, filariasis, ascariasis, typhoid, pneumonia, common cold, amoebiasis, ring worm) and their control; Basic concepts of immunology - vaccines; cancer, HIV and AIDS; Adolescence - drug and alcohol abuse.</p>	<p>Chapter-10: Biotechnology and its Applications Application of biotechnology in health and agriculture: Human insulin and vaccine production, stem cell technology, gene therapy; genetically modified organisms - Bt crops; transgenic animals; biosafety issues, biopiracy and patents.</p>
<p>Chapter-8: Microbes in Human Welfare Microbes in food processing, industrial production, sewage treatment, energy generation and microbes as bio-control agents and bio-fertilizers. Antibiotics; production and judicious use.</p>	<p>Chapter-11: Organisms and Populations Population interactions - mutualism, competition, predation, parasitism; population attributes - growth, birth rate and death rate, age distribution. (Topics excluded: Organism and its Environment, Major Abiotic Factors, Responses to Abiotic Factors, Adaptations)</p>
<p>Chapter-9: Biotechnology - Principles and Processes Genetic Engineering (Recombinant DNA Technology).</p>	<p>Chapter-12: Ecosystem Ecosystems: Patterns, components; productivity and decomposition; energy flow; pyramids of number, biomass, energy (Topics excluded: Ecological Succession and Nutrient Cycles).</p>
<p>.....</p>	<p>Chapter-13: Biodiversity and its Conservation Biodiversity-Concept, patterns, importance; loss of biodiversity; biodiversity conservation; hotspots, endangered organisms, extinction, Red Data Book, Sacred Groves, biosphere reserves, national parks, wildlife, sanctuaries and Ramsar sites.</p>
INFORMATICS PRACTICES (065)	
<p>Unit 3: Introduction to Computer Networks Repeater, router, gateway Network Topologies: Star, Bus, Tree, Mesh. Introduction to Internet, URL, WWW, and its applications- Web, email, Chat, VoIP. Website: Introduction, difference between a website and webpage, static vs dynamic web page, web server and hosting of a website. Web Browsers: Introduction, commonly used browsers, browser settings, add-ons and plug-ins, cookies.</p>	<p>.....</p>
<p>Unit 4: Societal Impacts Digital footprint, net and communication etiquettes, data protection, intellectual property rights (IPR), plagiarism, licensing and copyright, free and open source software (FOSS), cybercrime and cyber laws, hacking, phishing, cyber bullying, overview of Indian IT Act. E-waste: hazards and management. Awareness about health concerns related to the usage of technology.</p>	<p>.....</p>

PHYSICAL EDUCATION (048)	
<p>Chapter 6- Test & Measurement in Sports 1. Fitness Test – SAI Khelo India Fitness Test in school: Age group 5-8 years/ class 1-3: BMI, Flamingo Balance Test, Plate Tapping Test Age group 9-18yrs/class 4-12: BMI, 50mt Speed test, 600mt Run/Walk, Sit & Reach flexibility test, Strength Test (Partial Abdominal Curl Up, Push-Ups for boys, Modified Push-Ups for girls). 2. Measurement of Cardio-Vascular Fitness– Harvard Step Test– Duration of the Exercise in Seconds x100/5.5 X Pulse count of 1-1.5 Min after Exercise. 3. Computing Basal Metabolic Rate(BMR) 4. Rikli & Jones- Senior Citizen Fitness Test • Chair Stand Test for lower body strength • Arm Curl Test for upper body strength • Chair Sit & Reach Test for lower body flexibility • Back Scratch Test for upper body flexibility• Eight Foot Up & Go Test for agility • Six - Minute Walk Test for Aerobic Endurance, 5. Johnsen – Methney Test of Motor Educability (Front Roll, Roll, Jumping Half-Turn, Jumping full-turn)</p>	<p>Chapter 9- Psychology and Sports 1. Personality; its definition & types (Jung Classification & Big Five Theory) 2. Motivation, its type & techniques. 3. Exercise Adherence: Reasons, Benefits & Strategies for Enhancing it 4. Meaning, Concept & Types of Aggressions in Sports 5. Psychological Attributes in Sports – Self-Esteem, Mental Imagery, Self-Talk, Goal Setting</p>
<p>Chapter 7-Physiology & Injuries in Sport 1. Physiological factors determining components of physical fitness 2. Effect of exercise on the Muscular System 3. Effect of exercise on the CardioRespiratory System 4. Physiological changes due to aging 5. Sports injuries: Classification (Soft Tissue Injuries - Abrasion, Contusion, Laceration, Incision, Sprain & Strain; Bone & Joint Injuries- Dislocation, Fractures - Green Stick, Comminuted, Transverse Oblique& Impacted)</p>	<p>Chapter 10- Training in Sports 1. Concept of Talent Identification and Talent Development in Sports, 2. Introduction to Sports Training Cycle –Micro, Meso, Macro Cycle. 3. Types & Methods to Develop – Strength, Endurance, and Speed. 4. Types & Methods to Develop – Flexibility and Coordinative Ability.5. Circuit Training -Introduction & its importance</p>
<p>Chapter 8- Biomechanics and Sports 1. Newton’s Law of Motion & its application in sports 2. Types of Levers and their application in Sports. 3. Equilibrium – Dynamic & Static and Centre of Gravity and its application in sports 4. Friction & Sports 5. Projectile in Sports</p>	<p>.....</p>
FOOD NUTRITION & DIETETICS (834)	
<p>UNIT 3 DIET IN HEALTH AND DISEASE-II (Causes, Physiological Conditions, Clinical Symptoms and Dietary Management) Hypertension Chapter 9 Chapter 11 Jaundice/ Hepatitis Chapter 12 Celiac disease, Lactose Intolerance & Peptic ulcer Chapter 13 UNIT 4 - FOOD SAFETY AND QUALITY CONTROL Chapter 13 Food Hazards Chapter 14 Personal Hygiene & Food Hygiene</p>	<p>UNIT 4 - FOOD SAFETY AND QUALITY CONTROL Chapter 15 Food Adulteration Chapter 16 Reading and Understanding Food Labels Chapter 17 HFSS Foods and their Implications</p>